

**Table 1. Vulnerability from risk factors expressed as equivalence to added years of age**

<b>Risk factor</b>	<b>Relative risk</b>	<b>Equivalent added years of age</b>	<b>Robustness of risk estimate</b>
Female sex	0.5	-8	Robust
Ethnicity			
Asian or Asian British	1.5	4	Moderately robust
Black	1.7	6	Moderately robust
Mixed	1.6	5	Provisional
Other non-white	1.3	3	Provisional
Body mass index (Kg/m <sup>2</sup> )			
30-34.9	1.4	4	Provisional
35-39.9	1.6	5	Provisional
≥40	2.4	10	Provisional
Asthma			
Mild (no requirement for oral corticosteroids in past year)	1.1	1	Moderately robust
Severe (requiring oral corticosteroids in past year)	1.4	4	Moderately robust
Diabetes			
Type 1			
HbA1c ≤ 58 mmol/mol in past year	2.0	8	Moderately robust
HbA1c > 58 mmol/mol in past year	2.7	11	Moderately robust
HbA1c unknown	3.3	13	Moderately robust
Type 2 and other			
HbA1c ≤ 58 mmol/mol in past year	1.5	4	Moderately robust
HbA1c > 58 mmol/mol in past year	2.0	8	Moderately robust
HbA1c unknown	2.3	9	Moderately robust
Heart failure	2.2	9	Provisional
Other chronic heart disease	1.3	3	Provisional
Cerebrovascular disease	2.2	9	Provisional
Chronic respiratory disease (excluding asthma)	1.9	7	Moderately robust
Chronic kidney disease*	1.7	6	Moderately robust
Non-haematological cancer			
Diagnosed <1 year ago	1.6	5	Provisional
Diagnosed 1-4.9 years ago	1.2	2	Provisional